

We Are Shadows: Brick Lane – instructions for adventurers

*Be our guest in the land of shadows
There are ghosts in these walls if you listen hard enough
And if you're here after dark
You might even catch a glimpse...*

So, you've decided to take part in the We Are Shadows adventure – good choice! But before you head out...

- Remember to charge your smartphone as much as possible, we'd hate for your battery to come between us.
- You'll need mobile data too.
- Bring a pair of ear/headphones with you that can connect to your smartphone so that you can enjoy a fully immersive experience.
- Check the weather (this adventure happens outdoors, and we all know what British weather is like).
- Have you got some cash? There'll be a couple of chances to purchase some local delicacies so don't deny your taste buds of the joys that await.
- Make sure you've paid your phone bill! You'll need to be able to receive phone calls and to send and receive text messages – and use your mobile data – throughout the adventure.

Please note that this adventure was made before the covid-19 pandemic. As most of it takes place outdoors you should be fine, but remember to socially distance – keep at least 1 (preferably 2) meters apart. You can travel solo, but if you choose to travel in pairs or in a group ensure your fellow travelers are from the same 'social bubble'.

Once you're on your way to start the adventure...

- Head towards Rich Mix (Shoreditch High Street, London Liverpool Street, Old Street and Bethnal Green stations are all close by) with your smartphone and earphones.
- No need to enter the building, we'll meet you across the road in the square directly opposite the entrance to Rich Mix. It's called Avantgarde Place, right next to the Costa.
- Once we've checked off your name, you'll be ready to begin.
- We'll give you a number to text and you'll receive a set of instructions by text from our friend Afsana. She's really nice, we promise, so make sure to do what she says.
- Had a read and feeling ready? Text her back, then, don't be rude...

Leave any comments, thoughts and feedback at the end of your journey with us at Tamasha and Coney. Hashtag your thoughts across socials with #ShadowsBrickLane and tag us, too: @TamashaTheatre & @AgencyOfConey.

We hope you enjoy We Are Shadows: Brick Lane!

